

Global Action Days - # My Actions Matter

Week 3 "Empower Climate Action"

Monday 10.05.21: Action 1: The Changing Climate



1. The weather is sunny and warm. It's 25 degrees.

See: I see a large green garden with lots of trees and flowers.

Feel: I feel the wind and the warm air on my skin.

Hear: I hear lots of different birds singing and this stupid construction site in front of my house.

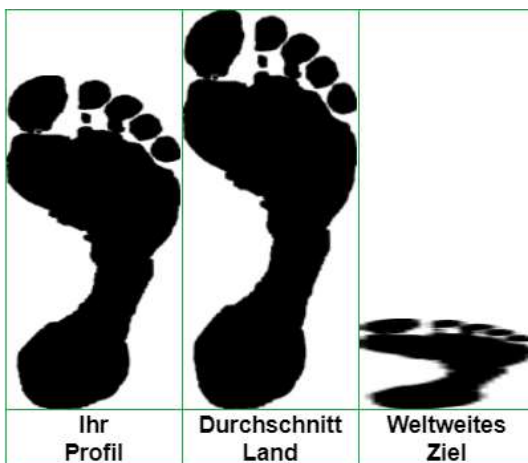
Smell: I smell the beautiful blossoms of our apple trees.

I'm thankful for the warm weather.

2. I think the weather hasn't changed a lot in the last years, since it has been the same temperature here and in this month over the last few years.

3. "Weather" is about the current situation, "Climate" describes how the weather looks like over a long period of time.

4. My balance is 7.45 tons per year.



Tuesday 11.05.21: Action 2: Food Miles!

1. Toast – Germany
Raspberries – Portugal
Strawberries – Spain
Pepper – Netherlands
Mushrooms – Germany



Yoghurt – Germany

Eggs – Germany

2. Raspberries, strawberries, and peppers do not grow naturally in Germany in May, they have to be transported to the supermarket from other countries. Because of the long transport distances, the trucks emit a lot of CO₂.
3. Asparagus is a local and seasonal food product. It grows from April to June.
4. “I care for my health and about what I eat”



Wednesday 12.05.21: Action 3: SOS – It’s an emergency

1. The flood is a potential risk in my area, because I have a river (Main) in front of my house.
2. Important things to do: bring my family and me in safety.
Important not to do: To stay at home
I would go far away from my house and the river. Maybe to our relatives.
I would bring my mobile and maybe some money with me.
I would contact my relatives.
I feel afraid, because this can always happen.



Thursday 14.05.21: Action 4: Wonderful world of chocolate

1. "Ritter Sport Alpine milk"

Ingredients: Sugar, whole milk powder (20%), cocoa butter, cocoa mass, hazelnut mass, emulsifier: lecithin's (SOJA). May contain traces of peanuts, other nuts, gluten-containing cereals and egg

It was produced in Germany.

Packaging: plastic



Friday 15.05.21: Action 5: What's on your feet?

1. A pair of sneakers and 3 pairs of sport shoes
2. I use all of them daily.



Saturday 16.05.21: Action 6: Travel tactics

1. With the car from Michelau to Lichtenfels (back and forth): CO₂eq emitted by these travels: 1.43 Kgs

